

**SIGN UP TODAY!**

## MYHealth Summer Launch Research Training Program

MYHealth Summer Launch is a 10-day, immersive program for high school students from Southeast Michigan. The mission of MYHealth is to engage youth as “co-researchers” by teaching them about health research, exposing them to diverse examples of research and researchers, and having them begin to see themselves as researchers.

Throughout the MYHealth Summer Launch, students will meet for 4-5 hours per day online (using Zoom and other online tools) and can expect to:

- Network with real-life health researchers from the University of Michigan and around the country who study topics like eating disorders, diabetes, adolescent health, and more!
- Play games and complete interactive activities in small teams to solidify key concepts about research
- Learn about the foundations of health research and research methods including community based participatory research, quantitative (numbers and surveys), qualitative (interviews, focus groups) and mixed methods research
- Begin to understand how health research can influence healthcare, policy, and the world around us
- Gain confidence in your health researcher skills and begin to see themselves as a health researcher

At the end of the MYHealth Summer Launch, students will begin narrowing in on research topics that are interesting to them. Students have the option to continue into the MYHealth Impact Projects program where they will work in small teams, virtually, to design and complete a research project in the academic year.

### **Who Can Participate:**

- Must live in Southeast Michigan
- Must be a current high school student or have graduated from high school in December 2022 or later
- Must be able to attend the 10-day **virtual** Summer Launch program\*

\*Students will be loaned a computer for the duration of the program.

Our research team is evaluating the impact of the MYHealth program on high school students. MYHealth students can expect to participate in audio-video recorded activities on Zoom, complete two short surveys (20-30 minutes) at the start and end of the program, and may be asked to complete a one-hour interview with a member of our study team. Students will receive \$10 per hour for the time they spend in the program (in session and completing independent activities online), \$20 for completing each survey, and \$25 if they complete the follow-up interview.

*MYHealth Summer Launch Research Training Program (HUM00213914) is approved by the University of Michigan Institutional Review Board / IRBMED.*

### **Time Commitment:**

July 31 – August 11, 2023 (Monday through Friday only)



**To apply, follow link or QR code:**

[https://umich.qualtrics.com/jfe/form/SV\\_eaDQ03FjrXEQj8C](https://umich.qualtrics.com/jfe/form/SV_eaDQ03FjrXEQj8C)

*Applications due by May 15, 2023. MYHealth Summer Launch Research Training Program (HUM00213914) is approved by the University of Michigan Institutional Review Board, IRBMED 1/16/2023.*

**Program contacts:** Melissa DeJonckheere and Sam Chuisano, [my.health@umich.edu](mailto:my.health@umich.edu), (734) 936-1927